



NIMHANS
(INSTITUTE OF NATIONAL IMPORTANCE)

OCD CLINIC
NIMHANS

CELEBRATING 25 YEARS OF THE SPECIALTY OCD CLINIC, NIMHANS
2022

OCD CLINIC

SILVER JUBILEE SYMPOSIUM, 2022

It is our pleasure to invite you to the Silver Jubilee Symposium organised by the Speciality OCD Clinic at the National Institute of Mental Health & Neurosciences (NIMHANS) on OCD & related disorders at the Convention Centre, NIMHANS on 11-13th November 2022. This year's symposium commemorating the silver jubilee of the OCD Clinic (est. 1997), is an academic extravaganza with talks by leading experts on various aspects of obsessive compulsive and related disorders.

Registrations open at <http://ocdclinic-nimhans.com/>

Dr. YC Janardhan Reddy

Head, Department of
Psychiatry & OCD Clinic
Organising Chairperson

Dr. Jaisoorya TS

Additional Professor
(Psychiatry) &
Organising Secretary

Dr. Shyam Sundar A

Professor (Psychiatry)
& Treasurer

PATRON

Prof. Pratima Murthy, Director, NIMHANS, Bangalore

ADVISORY COMMITTEE

Dr. Sumant Khanna, Consultant Psychiatrist, New Delhi

Prof. Shoba Srinath, Former Head, Child and Adolescent Psychiatry & Dean (Behavioral Sciences)

Prof. BS Shankarnarayana Rao, Registrar & Head, Department of Neurophysiology

CONVENORS OF COMMITTEES

Prof. Dhanasekhara Pandian, Prof. G. Venkatasubramanian, Prof. Paulomi Sudhir,
Prof. M. Manjula, Dr. Janardhanan C. Narayanaswamy, Dr Biju Viswanath, Dr. Sivakumar T,
Dr. Nitin Anand, Dr. Ajay Kumar, Dr. Anish Cherian, Dr. Himani Kashyap, Dr. Srinivas Balachander,
Dr Sreeraj VS, Dr. Lavanya Sharma, Dr. Karthik S, Dr. Navya Spurthi Thatikonda

The Karnataka Medical Council has approved 4 CME points for the symposium, and 1 point for the pre-symposium workshops. The Rehabilitation Council of India has awarded CRE status for the symposium.

CME credits will be available only for delegates registering before October 31, 2022

Day 1 - November 12, 2022 (Saturday)

- 8:00-9:00 am **Registration**
- 9:00-9:45 am **Inauguration**
- 9:45-10:00 am **Evolution of the OCD Clinic, NIMHANS**
Dr YC Janardhan Reddy, Head, OCD Clinic & Professor & Head,
Department of Psychiatry, NIMHANS
- 10:00-10:40 am **'Obsessive-compulsive spectrum disorders in the context of ICD-11, RDoC, and Big Data'**
Dr Dan Stein, Head, Dept of Psychiatry and Mental Health, University of Cape Town,
South Africa
- 10:40-10:55 am **Tea**
- 10:55-11:35 am **'The multifaceted OCD phenotype: insights from the Brazilian OCD Consortium'**
Dr Roseli Shavitt, Professor, Department of Psychiatry, University of Sao
Paulo Medical School, Brazil
- 11:35-12:15 pm **'ENIGMA – OCD international collaboration: insights into understanding of the brain correlates of OCD'**
Dr Odile Van Den Heuvel, Professor of Neuropsychiatry, Department of Anatomy and
Neurosciences and Psychiatry, Amsterdam UMC/VUmc, Netherlands
- 12:15-12:55 pm **'Genetics of OCD- Recent Advances'**
Dr Biju Vishwanath, Additional Professor of Psychiatry, NIMHANS
- 12:55 -1:40 pm **Lunch**
- 1:40-2:20 pm **'Is OCD a disorder of habit?'**
(Online) Dr Valerie Voon, Professor of Neuropsychiatry & Honorary Consultant,
Cambridgeshire and Peterborough NHS Foundation Trust, United Kingdom
- 2:20-3:00 pm **Phenomenology, Psychobiology and Treatment of Trichotillomania**
Dr Christine Lochner, Professor & Co-Director, MRC Unit on Risk and Resilience in
Mental Disorders, Stellenbosch University, South Africa
- 3:00-3:40 pm **'OCD in pre-school children'**
Dr Eesha Sharma, Assistant Professor, Dept of Child and Adolescent Psychiatry,
NIMHANS
- 3:40-4:00 pm **Tea**
- 4:00-4.40 pm **'Body Dysmorphic Disorder- Identifying and treating a hidden problem'**
(Online) Dr Katharine Phillips, Professor of Psychiatry, DeWitt Wallace Senior Scholar,
Weill Cornell Medical College, New York, USA
- 5:00-6:00 pm **POSTER PRESENTATION**
- 7:30 -9:30 pm **Banquet**

Day 2 - November 13, 2022 (Sunday)

- 9:00-9:40 am **'Attaining and maintaining wellness in OCD'**
(Online) Dr Helen Blair Simpson, Interim Chair, Department of Psychiatry, Columbia
University. Interim Director, New York State Psychiatric Institute.
Interim Psychiatrist-in-Chief, New York Presbyterian Hospital-Columbia University,
Irving Medical Center. Director of the Center for OCD and Related Disorders, New
York State Psychiatric Institute/Columbia University, New York, USA
- 9:40-10:20 am **'The Concept of Recovery in OCD'**
Dr Jaisoorya TS, Additional Professor, Dept of Psychiatry, and Consultant, OCD Clinic,
NIMHANS

10:20–11:00 am	'Neurocognitive deficits and the scope of cognitive retraining in OCD' Dr Himani Kashyap, Associate Professor, Dept of Clinical Psychology, NIMHANS
11:00–11:15 am	Tea
11:15–11:55 am	'OCD & COVID-19' Dr Lavanya Sharma, Assistant Professor (Wellcome Trust-DBT funded project), OCD Clinic, NIMHANS
11:55–12:35 pm (Online)	'Internet-based CBT for OCD' Dr David Mataix-Cols, Professor, Dept of Clinical Neuro Science, Karolinska Institutet, Stockholm, Sweden
12:35–1:20 pm	Lunch
	Module on Treatment Resistance
1:20-1:50 pm	'Treatment Resistance in OCD: Have we made any progress?' Dr Janardhan Reddy YC, Professor, Dept of Psychiatry and Head of OCD Clinic, NIMHANS
1:50-2:20 pm	'Inpatient treatment for OCD' Dr Srinivas Balachander, Assistant Professor of Psychiatry, OCD Clinic & Clinical Research Centre for Neuromodulation in Psychiatry, NIMHANS
2:20-2:50 pm	'Non-invasive brain stimulation: recent developments' Dr Janardhanan C Narayanaswamy, Consultant Psychiatrist, Goulburn Valley Health, Shepparton, Victoria, Australia (Formerly Consultant OCD Clinic, NIMHANS)
2:50-3:20 pm	'Neurosurgical Interventions in Resistant OCD' Dr Shyam Sundar A, Professor of Psychiatry, and Consultant, OCD Clinic, NIMHANS
3.20-3:35 pm	Discussion on Module on Treatment Resistance
3:40-4:00 pm	Prize Distribution & Vote of Thanks
4:00 pm	Tea

PRE-SYMPOSIUM WORKSHOPS: PSYCHOSOCIAL INTERVENTIONS FOR OCD

November 11th (10 AM, 2 PM)

Venue: MV Govindaswamy Centre, NIMHANS

- Cognitive Behaviour Therapy for OCD: Practical Aspects** – Dr Nitin Anand, Additional Professor (Clinical Psychology), NIMHANS (slots are closed)
- Mindfulness-Based Intervention for OCD** – Dr Ajay Kumar, Associate Professor (Clinical Psychology), NIMHANS (slots are closed)
- Family Intervention for OCD** – Dr Anish Cherian, Associate Professor (PSW), NIMHANS

POST-GRADUATE QUIZ ON OCD & RELATED DISORDERS

Quiz is open to **PG Residents** (MD/DNB/DPM) and **Mental Health Trainees** (MPhil in Psychology / Psychiatric Social Work, MSc Psychiatric Nursing). Most questions will be themed on OCD and related disorders, with the rest being on General Psychiatry. **1st Prize: Rs 12,000; 2nd Prize: Rs 10,000; 3rd Prize: Rs 8000.**

Walk-in Registrations for the preliminary round between 11:30 am and 12:00 pm on November 11th (Friday) at the MV Govindaswamy Centre, NIMHANS. The Final round will be at 5.00 pm on the same day.

Check details in the website

POSTER PRESENTATIONS

Poster presentations will be at the NIMHANS Convention Centre on 12th November, 2022, 5:00-6:00pm. Entries have been closed on October 15. All included entries have been informed. Please contact ocdposters@gmail.com for any clarifications.

EXPRESSIONS ON OCD

Selected Entries will be displayed at the NIMHANS Heritage Museum on November, 2022 and at the NIMHANS Convention Centre during the conference. Entries have been closed on October 15. All included entries have been informed. Please contact ocdcreations2022@gmail.com for any clarifications.

**Please Register Online at <http://ocdclinic-nimhans.com/>
REGISTRATION FEES**

	PG Students*	Delegates
Registration Fees (Till October 31, 2022)	₹ 4100	₹ 6100
From November 1, 2022 & Spot Registrations	₹ 5100	₹ 7600
Foreign Delegates	-	₹ 10000

*Certificates from Head of Department to confirm student status will be verified at venue

Make your Payments online (Bank Transfer / Debit Card / Credit Card)

(If you are experiencing difficulty in payment when using Google Chrome, please use Firefox, Safari etc.)

GENERAL GUIDELINES FOR PAYMENT

- Click on the link provided in the registration page to the payment gateway (State Bank Collect)
- Agree to the terms and conditions
- Select "**Karnataka**" and "**Educational Institutions**" in the drop-down menus for State and Type of Corporate/Institution respectively
- Select "**THE DIRECTOR, NIMHANS**" for Educational Institutions name
- Select Payment Category in the drop-down list as "**Seminar Registration Fees**"
- Under "Name of Conference/Seminar/workshop" enter "**OCD Symposium 2022**"
- Fill up all other details, enter exact fees (Student/Delegate)
- Download and save the receipt for your reference
- Enter the State Bank Collect Reference Number in the field at the end of this form
- You will receive a confirmatory email from us within one week. In the unlikely event that you have not received any communication from us after registering and making payment, please contact us on ocdsymposium22@gmail.com. Any communication should have your name, email id, registration date and payment details (SB Collect Reference Number)
- **Organizers are unable to make travel and stay arrangements for the delegates.**

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