

**Pre-Symposium Workshops will be held on 27th October, 2017**

Timing: 2.00-5.30 pm

Venue: Dr M V Govindaswamy Building

Programme Schedule:

2:00 - 3:30 PM **Diagnostic issues in OCD**  
Prof Y C Janardhan Reddy and  
Dr T S Jaisoorya

**CBT for OCD- Practical Aspects**  
Prof Paulomi Sudhir and  
Dr Manjula M

3:45 - 5:30 PM **Essentials of Pharmacological Treatment**  
Dr Janardhanan C N and  
Dr Shyam Sundar A

**Assessment and Evidence Based Management of Treatment-Emergent Sexual Side Effects in OCD**  
Prof T S S Rao and  
Dr Shivanand Manohar, JSS Medical College, Mysuru

**REGISTRATION**

Online registrations are open till 15th October, 2017. Kindly register online at [www.ocdclinic-nimhans.com](http://www.ocdclinic-nimhans.com)  
Registration fee: Rs. 4000 (Rs. 2000 for students i.e. Psychiatry Residents and Mental Health Trainees)  
In case of queries, please contact us at [ocdnimhans2017@gmail.com](mailto:ocdnimhans2017@gmail.com)

**Poster Abstracts are invited**

(deadline 30th September 2017), kindly visit website for details

**We look forward to your participation!**

**Patron**

**Prof. B.N. Gangadhar,**  
Director, NIMHANS, Bangalore

**Prof. K. Sekar,**  
Registrar, NIMHANS, Bangalore

**Chairperson**

**Prof. Prabha Chandra,**  
Head, Department of Psychiatry,  
NIMHANS, Bangalore

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**Prof. Paulomi Sudhir**  
**Dr. Anish Cherian**  
**Prof. Venkatasubramanian G.**  
**Dr. Nitin Anand**  
**Dr. Ajay Kumar**  
**Dr. Naren Rao**  
**Dr. Manjula M.**



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**National Institute of Mental Health and Neurosciences (NIMHANS),  
Institute of National Importance,  
Bangalore, India**

**2nd Symposium**

**OCD and Related Disorders :  
An Update on Research &  
Treatment Practices**

**October 28th & 29th, 2017**

**Venue :  
NIMHANS Convention Centre**

**FINAL ANNOUNCEMENT**

**Registrations open till 15th October, 2017  
for Registrations visit. :  
[www.ocdclinic-nimhans.com](http://www.ocdclinic-nimhans.com)  
Contact us: [ocdnimhans2017@gmail.com](mailto:ocdnimhans2017@gmail.com)**

*Two Decades of  
Speciality OCD Clinic*

## 2nd Symposium on OCD and Related Disorders

NIMHANS, Bangalore

Dear Colleagues,

It is our pleasure to invite you to attend the 2nd Symposium on OCD and related disorders, at NIMHANS, Bangalore, India on October 28 & 29, 2017. After the success of the 1st Symposium on OCD in 2007, this symposium is organized to commemorate 2 decades of the specialty OCD Clinic at the Department of Psychiatry, National Institute of Mental Health & Neurosciences (NIMHANS), Bangalore, India.

The theme of the Symposium will be: **“OCD and Related Disorders : An Update on Research & Treatment Practices”**

### Programme Schedule

#### Day 1 (28th October 2017)

7.30-9.00 am	<b>Registration</b>
9.00-9.30 am	<b>Symposium Inauguration</b>
9.30-10.20 am	<b>Nosology of OCD and Related Disorders: DSM 5, ICD 11 and beyond (Dr Dan Stein- Professor and Chair of the Department of Psychiatry and Mental Health at the University of Cape Town)</b>
10.20-11.10am	<b>Brain Basis of Compulsivity</b>  (Dr Odile Van den Heuvel- Faculty of the Department of Psychiatry, VU University Medical Center Amsterdam, Netherlands & the head of ENIGMA OCD brain imaging work group)
<b>Coffee break (15 minutes)</b>	
11.25-12.05pm	<b>Neurocognitive Dysfunction in OCD: An Update (Dr Naren Rao, Department of Psychiatry, NIMHANS, Bangalore)</b>

12.05-12.50pm **Genetics and Cellular models of OCD**  
  
(Dr Biju Viswanath, Department of Psychiatry, NIMHANS, Bangalore)

#### Lunch Break (40 minutes) with Poster Session

1.30–2.20pm **Translating Science into Treatments for OCD**  
  
(Dr Helen Blair Simpson- Professor of Psychiatry at Columbia University Medical Center and Director of Center for Obsessive- Compulsive and Related Disorders, University of Columbia)

2.20-3.10pm **Family functioning in OCD and its Role in Outcome (Dr Eli R Lebowitz- Assistant Professor of Psychology and Psychiatry & Associate Director Anxiety and Mood Disorders Program at Yale Child Study Center)**

#### Tea Break (10 minutes)

3.20-4.10pm **The Role of Personality Disorders in OCD**  
  
(Dr Sumant Khanna, Senior Consultant Psychiatrist, New Delhi)

4.10-5.00pm **OCD in the Context of Schizophrenia and Bipolar Disorder (Dr Y C Janardhan Reddy, Department of Psychiatry, NIMHANS, Bangalore)**

#### Day 2 (29th October 2017)

8:30-9:30 am	<b>Poster session</b>
9.30-10.10 am	<b>Is prognosis of OCD Different in India?</b>  (Dr Suresh Bada Math, Department of Psychiatry, NIMHANS, Bangalore)
10.10-11.00 am	<b>Challenges in Diagnosis and Management of Childhood OCD (Dr Evelyn Stewart - Associate</b>

Professor in the Department of Psychiatry, University of British Columbia, Vancouver, Canada)

#### Coffee break (15 minutes)

11.15-12.05 pm **Body Focused Repetitive Behaviours: Scope of the Problem and Management (Dr Jon Grant- Professor, Department of Psychiatry and Behavioral Neuroscience, University of Chicago)**

12.05-12.55pm **Body Dysmorphic Disorder: Identifying, Understanding and Treating (Dr David Veale - Visiting Professor at the Department of Psychology, King's College, London)**

#### Lunch Break (40 minutes) with Poster Session

1.35-2.20pm **Augmentation strategies in OCD**  
  
**Antipsychotic augmentation (Dr T S Jaisoorya, Department of Psychiatry, NIMHANS, Bangalore)**  
  
**Augmentation with glutamatergic and other drugs (Dr Janardhanan C Narayanaswamy, Department of Psychiatry, NIMHANS, Bangalore)**

2.20-3.05pm **Brain Stimulation Strategies in OCD**  
  
**Non-invasive brain stimulation (Dr Ganesan Venkatasubramanian, Department of Psychiatry, NIMHANS, Bangalore)**

**Deep brain stimulation and ablative brain surgeries (Dr Shyam Sundar, Department of Psychiatry, NIMHANS, Bangalore)**

#### Tea Break (10 minutes)

3.15-3.55 pm **New Wave Therapies for OCD (Dr Manjula, Department of Clinical Psychology, NIMHANS, Bangalore)**

3.55-4.15 pm **Concluding remarks/ Vote of Thanks**